

## ABSTRACT OF THE DISCLOSURE

A cage-nut assembly includes a nut positioned within a cage structure. The cage structure is configured to provide high torsional strength to prevent rotation of the nut. The cage structure has a flat base and an at least 5 partially open end portion. The cage structure includes a blocking member preventing the nut from moving laterally along the base through the at least partially open end portion. The blocking member is relatively structurally weak in a direction orthogonal to a torsional rotation direction of the nut. The structurally 10 weak blocking member is bendable when less than approximately 20 lbs. of force is applied to the blocking member to open the end portion and allow the nut to move laterally along the base through the end portion for removal of the nut.